

The Serenity Center Acupuncture Program Fact Sheet

The gentle placement of five small, sterilized, disposable stainless steel needles into specific sites on each ear.

A non-verbal process – supports quiet participation in a group setting with others who are involved in the process of recovery.

The client is able to become comfortable in relationships with others and his/her self.

Clients report significant decreases in cravings, physical withdrawal symptoms, relapses, inpatient admissions, anxiety, insomnia and agitation.

Utilized daily at over 1,500 centers across various continents.

About 1/3 of all drug court programs in the U.S. utilize acupuncture for addictions.

The treatment helps participants become relaxed and more comfortable with his/her own thoughts enabling one to feel a sense of “letting go” of tensions and apprehensions.

The treatment is effective regardless of the client’s level of motivation. The treatment opens doors so that other program components are more effective.

As a holistic method, each of the points has the potential to open up possibilities on the body, mind, and spirit levels.